Caring for your Baby After the Bris

Condition of the penis following circumcision

During the days following the bris you may see several things on the penis, all of which are considered normal. All of these conditions will resolve themselves within a week or less.

- 1. The head of the penis will be red or purple.
- 2. During the first day a slight discharge of bloody fluid (about the size of a dime or smaller) may be visible on the gauze pad covering the penis, or perhaps in the diaper.
- 3. There may be some swelling of the softer tissue below the head of the penis.
- 4. There may be secretion of mucous that accumulates on the head or shaft of the penis which will look like scabs or bumps that are off-white or gray in color. The secretion might look like pus, but it is not. Do not attempt to remove it from the penis, since doing so might cause discomfort. Just leave it alone and it will go away.

Post-circumcision care

Begin this procedure immediately and continue it for three full days (72 hours).

- 1. Place a generous amount of Vaseline (about the size of a large olive) on a fresh 3x3 gauze pad. Spread the Vaseline from edge to edge evenly on the gauze pad. With the penis pointing downward (resting on the scrotum) place the Vaseline coated gauze pad over the penis to form a barrier between the penis and the diaper. Do not wrap or bandage the penis with the gauze pad.
- 2. Do not clean the penis.
- 3. You may begin bathing your baby after discontinuing the gauze pad applications, provided that the umbilical cord stump has fallen off.

If you see something that you would like to have explained, please do not hesitate to call at 800-499-BRIS. I am available 24 hours a day, seven days a week to answer your questions.